



Secondary Students

Recently, you completed a wellbeing survey which gave us a snapshot of how you have been handling remote learning. Here are the key findings:

Overall wellbeing

is consistent with, or higher than other students your age.

You feel **more connected**

to others than students your age.

87% of you are **exercising** more than 30 minutes a day



51% of you feel that you are **good at learning from home.**



You are getting, on average,

8 hours sleep

a night.



Most of you still **feel connected** to school despite **learning remotely.**

