

Positive Accomplishment
Recommended Journal Articles

- Covington, M. V. (2000). Goal theory, motivation, and school achievement: An integrative review. *Annual Review of Psychology*, 51, 171-200.
Available online from: <http://supadoc.syr.edu/docushare/dsweb/Get/Document-26580/Goals.pdf>
- Dweck, C. S. (2007). The perils and promises of praise. *Educational Leadership*, 65, 34-39.
Available online from:
<http://www.district196.org/evhs/intranet/ProcessInfo/Dweck/dweck%20perilspromisesofpraise%5B.pdf>
- Duckworth, A. L., Peterson, C., Matthews, M. D., & Kelly, D. R. (2007). Grit: Perseverance and passion for long-term goals. *Journal of Personality and Social Psychology*, 92(6), 1087-1101.
Available online from: <http://www.sas.upenn.edu/~duckwort/images/Grit%20JPSP.pdf>
- Grant, H., & Dweck, C. S. (2003). Clarifying achievement goals and their impact. *Journal of Personality and Social Psychology*, 85, 541-553.
Available online from:
http://www.scipie.net/docs/2011/area4/Grant_Dweck_JPSP_2003.pdf
- Locke, E. A., & Latham, G. P. (2002). Building a practically useful theory of goal setting and task motivation: A 35-year odyssey. *American Psychologist*, 57(9), 705-717.
Available online from:
http://www.owl.net.rice.edu/~antonvillado/courses/08c_psyc101002/Research%20Report%204.pdf
- Marques, S. C., Lopez, S. J., & Pais-Ribeiro, J. L. (2011). "Building Hope for the Future": A program to foster strengths in middle-school students. *Journal of Happiness Studies*, 12, 139-152.
Available online from: <http://www.ofyp.umn.edu/ofypmedia/pdfs/highered/fye/bhf.pdf>

Sheldon, K. M., & Houser-Marko, L. (2001). Self-concordance, goal attainment, and the pursuit of happiness: Can there be an upward spiral? *Journal of Personality and Social Psychology*, 80, 152-165.

Available online from:

<http://academic.udayton.edu/jackbauer/PGSG/Sheldon%2001%20self-concord%20happy%20copy.pdf>

Valle, M. F., Huebner, E. S., & Suldo, S. M. (2006). An analysis of hope as a psychological strength. *Journal of School Psychology*, 44, 393-406.

Available online from: <http://www.ensany.ir/storage/Files/20101230122835->

[An%20analysis%20of%20hope%20as%20a%20psychological%20strength.pdf](http://www.ensany.ir/storage/Files/20101230122835-An%20analysis%20of%20hope%20as%20a%20psychological%20strength.pdf)

Other Recommended Resources

- Carol Dweck's website Mindset Online <http://mindsetonline.com/>