

Positive Engagement

Recommended Journal Articles

- Bakker, A. B. (2005). Flow among music teachers and their students: The crossover of peak experiences. *Journal of Vocational Behavior*, 66, 26-44.
Available online from:
http://www.beanmanaged.eu/pdf/articles/arnoldbakker/article_arnold_bakker_120.pdf
- Froh, J. J., et al. (2010). The benefits of passion and absorption in activities: Engaged living in adolescents and its role in psychological well-being. *Journal of Positive Psychology*, 5, 311-332.
Available online from:
http://people.hofstra.edu/jeffrey_j_froh/spring%202010%20web/ELYS_FINAL%20PROOF.pdf
- Kashdan, T. B., Rose, P., & Fincham, F. D. (2004). Curiosity and exploration: Facilitating positive subjective experiences and personal growth opportunities. *Journal of Personality Assessment*, 82, 291-305.
Available online from: http://ceicuriosity.tripod.com/kashdan_CEI_curiosity.pdf
- Niemiec, C. P., & Ryan, R. M. (2009). Autonomy, competence, and relatedness in the classroom: Applying self-determination theory to educational practice. *Theory and Research in Education*, 7, 133-144.
Available online from:
http://www.selfdeterminationtheory.org/SDT/documents/2009_NiemiecRyan_TRE.pdf
- Peterson, C., Park, N., & Seligman, M. E. P. (2005). Orientations to happiness and life satisfaction: The full life versus the empty life. *Journal of Happiness Studies*, 6, 25-41.
Available online from:
http://deepblue.lib.umich.edu/bitstream/2027.42/43062/1/10902_2004_Article_1278.pdf
- Radel, R., Sarrazin, P., Legrain, P., & Wild, T. C. (2010). Social contagion of motivation between teacher and student: Analyzing underlying processes. *Journal of Educational Psychology*, 102, 577-587.
Available online from: http://www-sens.ujf-grenoble.fr/publis/Radel_et_al_JEP_2010_in_press.pdf

- Ryan, R. M., & Deci, E. L. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. *American Psychologist*, 55, 68-78.
Available online from: <http://93.95.216.62/~psicc8ba/LS/organizzazione/materiale/amp-55-1-68%5B1%5D.pdf>
- Shernoff, D. J., Csikszentmihalyi, M., Schneider, B., & Shernoff, E. S. (2003). Student engagement in high school classrooms from the perspective of flow theory. *School Psychology Quarterly*, 18, 158-176.
Available online from: <http://homepages.wmich.edu/~lewisj/pdf/flow.pdf>
- Vallerand, R. J., et al. (2003). Les passions de l'âme: On obsessive and harmonious passion. *Journal of Personality and Social Psychology*, 85, 756-767.
Available online from:
http://www.selfdeterminationtheory.org/SDT/documents/2003_VallerancBlanchardMageauKoesnterRatelleLeonardGagneMacolais_JPSP.pdf

Other Recommended Resources

- Csikszentmihalyi, M. (1990). *Flow: The psychology of optimal experience*. New York: Harper & Row.
- Csikszentmihalyi, M. (1997). *Finding flow: The psychology of engagement with everyday life*. New York: Basic Books.
- The Self-determination Theory Research Website: <http://www.selfdeterminationtheory.org/>